

# The PLAIN TRUTH

*A magazine of understanding*

VOL. XXI, NUMBER 1

January, 1956

## RUSSIA'S SUPER-SECRET WEAPON REVEALED!

***The Kremlin's most closely-guarded Secret has leaked thru the Iron Curtain! Here are the startling facts about their Super-Weapon, more powerful than the hydrogen bomb!***

**by Montgomery M. Green,**

**War-time Naval Intelligence Officer, contributor to Military Journals**

**P**ERHAPS the most closely guarded secret of world communism, cut off from view by the Iron Curtain and shrouded in unbelievable security precautions, is the system of colleges for professional revolutionaries that annually turn out thousands of skilled agitators to bedevil the free world.

Although this educational program has been in action for thirty years, and has graduated political saboteurs estimated to number a minimum of 100 thousand, its very existence is unknown to most people in the West.

Numerous Communist big shots from all over the world are known to have lectured at these schools during visits to the U.S.S.R. and to have sat in on numerous conferences with the Kremlin leaders. These foreign visitors have included Mao Tse-tung and Earl Browder and William Z. Foster of the U.S.

### **WHY Kept Secret**

The reason for the super-secrecy with which these schools have been surrounded is that they constitute the most successful cold war weapon yet developed by world communism. How did the Chinese Communists learn how to demoralize and disintegrate the superior Nationalist forces and take China with little

fighting? How did they know how to organize China in four years to a point where they could fight the United States to a standstill in Korea? Where did they learn the negotiating techniques with which they outwitted first Gen. Marshall, and later our people at Panmunjom? The answer is that for twenty-five years they had been studying these things at the Eastern University, also known as the Institute for the Toilers of the Orient, in Moscow.

Where did the Communist leaders of Poland, East Germany, Czechoslovakia, and the Balkan countries learn how to purge and keep enslaved these nations that were seized for them by the Red Army? They learned at the International Lenin University or at the Western University in Moscow.

### **American Communists Trained in MOSCOW**

Where did the American Communists learn how to organize fronts to do their bidding? Where did they learn the tricks of propaganda through which they often can induce capitalist newspapers and liberal scientists and scholars to echo their line? They learned all of this at the Lenin University in Moscow.

By the waging of political warfare the

Communists have expanded their realm from less than 200 million people in 1945 to a total of over 800 millions ten years later. Is it any wonder that they do their best to keep these methods secret from their enemies?

Nevertheless, partial information has filtered out. The writer has talked or corresponded with a half-dozen former students of the Lenin School who attended during the early thirties and have long since renounced communism. Additional information has been derived from other sources which will be identified below.

As far as is known by leading authorities on communism in this country no Lenin School students have come forward to reveal their stories in the post-war years. There is evidence, however, that the school program continued until the war, and that it has been resumed since the war.

### **Three Types of Schools**

There are three principal types of schools teaching political or subversive subjects in the Soviet Union. These are, (1) the schools for domestic administration, (2) MVD-MGB or Secret Police schools, and (3) schools of political warfare.

The first of these trains Soviet and satellite bureaucrats and administrators. The second trains saboteurs, terrorists, spies and couriers for foreign operations, and the third specializes in foreign propaganda and organization, or political warfare. The basic difference between the MVD-MGB and the political warfare courses is that the former deals mainly with physical things like assassination, torture, and secret communications, while the latter deals principally with matters of the mind such as theory, agitation, labor union infiltration tactics, and radio and newspaper work.

All three of these types of schools have partially overlapping curricula. Thus, the MGB student learns some Marxist-Leninist theory, while the political warfare schools include some work on secret police subjects and on government administration.

The MGB college at Leningrad usually had 30 per cent Russians and 70 per cent foreigners. Lenin University had 10 per cent Russians, being trained for foreign service, and 90 per cent foreigners.

There are certain other schools about which little is known beyond the fact of their existence. One such, described in the non-fiction writings of Arthur Koestler, is the "Sexpol" which stands for political sex. At this institution students were trained in abnormal sex practices to be used in espionage and political blackmail work.

#### WHERE Warfare Schools Are Located

At the time of the early thirties, which is the period about which we have the most information, the known Soviet political warfare school setup was as follows:

*International Lenin University*, in Moscow. For students from Western Europe, North America, and parts of South America.

*Eastern University*, in Moscow. For Chinese students, and those from Southeast Asian countries.

*Western University*, in Moscow. For students from agrarian and semi-agrarian countries; Eastern Europe, the Balkans, the more backward South American countries.

*Tiflis*. For students from the Middle East.

*Tashkent*. For India and South Asia.

*Krasnojarsk* (or some nearby city in that part of eastern Siberia). For China, Japan, and Southeast Asia.

*Academy of Red Professors*, in Moscow. A five- to seven-year course on political warfare and Marxist-Leninist theory for top-hole foreign and Russian theorists. The length of the course of study is most significant since it is equivalent to the training time offered in the West for a scientist or a physician. Most

of the faculty members at the Lenin School are "Red Professors."

*Leningrad and Vladivostok*. MVD-MGB (or G.P.U.) schools. The former for Western and Russian students; the latter for Chinese and Southern Asians and Soviet students from the eastern Asiatic regions of the U.S.S.R.

*Sverdlovsk University*, at Moscow for training Soviet bureaucrats.

#### America FAILS To Teach Youth about Evils of Communism

The above is, no doubt, only a partial list of Soviet subversive schools. But the terrifying thing about the picture is that the United States and the rest of the West have no political warfare schools at all! For thirty years the Communists have been training political warfare experts. We have trained none. Is it any wonder we are losing the cold war?

Because Lenin University is the college attended by most American students in the U.S.S.R., there is more information available concerning it than about the others mentioned. There follows an account of the operation of that school drawn from the experiences of three graduates. They are Joseph Zack Kornfeder, an American born in Slovakia; William Odell Nowell, an American Negro, born in Georgia; and John Hladun, a Canadian of Ukrainian extraction from Winnipeg. The origins of these men gives a significant clue to the kinds of minority group citizens on which the Communists like to work.

#### Secret Mission to Moscow

Kornfeder was the first of the three to join the party, and the first to go to Moscow for special training. His story helps explain why so many people, uprooted by the first World War, turned to communism. Born in the Austro-Hungarian empire on a tenant farm he went as a child to the slums of postwar Vienna, the same breeding ground for trouble that produced Adolf Hitler. At the age of seventeen he began drifting around Europe, living on his trade of tailoring, and picking up various languages. In 1916, already a Socialist, he came to this country and lived in the Yorkville section of New York. In 1919 he joined the newly formed Communist party of the U.S.A. After surviving the customary party feuds and changes of leadership, and achieving the rank of Central Executive committeeman he was selected in 1928 by the Soviet General Gushev, then the resident underground Comintern boss of U.S. communism, to go to Moscow for special political training.

George Minc, a G.P.U. agent, furnished the citizenship papers of one Samuel Fox, and with these and a comrade who signed a false affidavit, Korn-

feder obtained a passport in that name. Incidentally, this George Minc was later thought to have played a key role in the assassination of Trotsky and was to achieve additional notoriety when he drunkenly tried to rape a chambermaid in a Copenhagen hotel.

With his false passport and assumed name, Kornfeder sailed on a Hamburg-American liner to Germany. In Berlin the Soviet Consul quickly granted him a visa which was stamped on a separate sheet of paper so that his passport would show no evidence that he had gone to Russia. When the train crossed the Polish-Soviet border under a huge sign reading "Proletarians of the World Unite," the Communists among the passengers ecstatically chanted the "Internationale." Although the towns along the railroad were in advanced stages of decay, and the people ragged and emaciated, the exaltation induced by the approach to Moscow, the Holy City of communism, blotted out these impressions. At the Moscow station he hired a droshky and directed it to 15 Ulitsa Vorovskaya, the address of the Lenin University, where he found that he was expected. He was assigned to a dormitory room along with two Latin Americans and an Irishman.

#### Trained to Destroy

The university accommodated 300 students living on campus and 300 more living outside. Ten per cent of the students were women and if a couple could show that they had a liaison before entering the school they were assigned a private room together. (The Western University numbered as many or more students, and the Eastern University, also known as the Institute for the Toilers of the Orient, took up to 1200. The enrollment at the schools in other parts of the U.S.S.R. is not definitely known). The rest of the campus was taken up by a 1½ acre drill ground, and a building for weapons training where uniformed Red Army instructors taught the mechanics of a dozen type of machine guns, and of hand grenades, rifles, pistols and homemade bombs. Off campus there was a shooting range (shared with the G.P.U.) and an abandoned railroad station and siding where lessons were given in derailing trains and exploding locomotive boilers.

Lenin University students were allowed travel expense to and from Moscow, and 50 rubles (about \$13.00) a month pocket money. Also subsistence allowances were paid to dependents left at home. Much of the 50 rubles went into "voluntary" contributions to various Soviet patriotic causes.

The curriculum was extremely arduous—to an extent where the students were left little time to circulate among the Russian population. Students were



—Wide World Photo

The main building of Moscow's "old" State University on Revolution Square opposite the Kremlin. The building now houses what the Soviets call "humanities" studies.

up at 6 a.m. for thirty minutes of calisthenics under a Red Army instructor. Breakfast was at 7 a.m. of black bread and red caviar. Classes were from 8 a.m. to 6 p.m. with an hour's break for lunch. Then there was lots of homework for the evenings. On Saturdays classes were out at 3 p.m., but the load of homework allowed little time for outside activity.

There were six-month, one-year, and three-year courses. It was determined during an initial three-month probation period which students were qualified for the longer courses.

#### Hears Stalin Lecture

Perhaps the most significant thing about this college was the faculty. The regular teachers were mostly Russians with a few Central and Western Europeans. But the special lecturers were the top hierarchy of world communism. Kornfeder heard Stalin lecture once, Molotov three times, military men such as Tuckachevsky, Vasiliev and Budenny; and all the Comintern brass including Dimitrov, Manuilsky, Kuusinen, Bela

Kun, S. Losovsky and Togliatti. There could be no clearer proof than this of the importance of this political warfare college in Soviet eyes.

When a prominent lecturer was talking the entire student body would listen by earphones with simultaneous interpretations. The five languages used were Russian, English, German, French and Spanish. In routine classes, the students were divided up into their language groups with interpreters where needed.

The five principal subjects taught at the Lenin University were:

*Leninism.* This included conspiratorial operating techniques, agitation and propaganda, and United (Popular) Front strategy.

*Party Structure.* Organizing for Civil war, and the party's function in directing same. Politburo, and district committees. Labor, factory and armed forces fractions and cells; everything modeled on Soviet pattern.

*Marxian Economics.* Das Kapital, and other textbooks excerpted from Marx and Engels. Some bourgeois economic

theory taught for purposes of argument.

*History of the Soviet Union.* The Socialist movement in Czarist times. Nihilism, Anarchism, Decembrists, 1905 Revolution, and history of the Bolshevik Civil War.

Secondary subjects of instruction were:

*Agriculture.* The peasant in backward countries.

*Labor Union Organization.* Strike strategy. Local strikes as the prelude to the general strike and more advanced forms of civil insurrection.

*Front Organizations.* (How the Communist tail can wag large segments of the Capitalist dog.)

*Military Training.* Sabotage, guerrilla tactics, bomb-throwing, demolition, weapons handling.

#### How Revolution Is Planned

The above has been greatly condensed from notes taken by Kornfeder while at the Lenin University. It may be valuable however to reproduce the following note verbatim:

# The PLAIN TRUTH

A magazine of understanding.

VOL. XXI

NO. 1

HERBERT W. ARMSTRONG  
Publisher and Editor

Herman L. Hoeh  
Executive Editor

Roderick C. Meredith  
Associate Editor

Sent FREE to all who request it,  
as the Lord provides. Address  
all communications to the editor.

Copyright, January, 1956  
By the Radio Church of God

NOTICE: Be sure to notify us immediately  
of any change in your address. IMPORTANT!

*Precondition for Successful Armed  
Insurrection:*

1. Economic collapse and chaos.
2. Demoralization and dissension in governing circles.
3. Defeat of the government in a foreign war or its inability to keep things going as a result of exhaustion following the war.
4. Ability of the party to take advantage of the situation.

Among the principal textbooks used at the Lenin school were: *On War*, by Clausewitz.

*Construction of the Red Army During The Revolution*, by A. Ousenko.

*The Civil War, Military Problems, And Civilian*, by Bubnov, Kamenev, and Eydeman.

*Red Army And Civil War Politics*, by S. T. Gussev.

*The Class War*, by Tuckachevsky.  
*Civil War Politics And Insurrection*, (Excerpts from Lenin's writings).

A glance at this list ought to convince even the most "liberal" educator or government official in the West of the war-like nature of communism.

The formal college course described above does not however present the whole story, since the students were given practical as well as classroom training. As part-time activity the three-year students were attached to various branches of the Comintern or Profintern (Labor International) for work that took precedence over classes. Kornfeder was attached to the Anglo-American secretariat. He and many other students were also encouraged to write for *Pravda* and other official organs and to contribute radio scripts for propaganda broadcasts beamed at the countries of the student's origin. Extra pay was given for this kind of writing.

In the cases of certain unusually apt students, private coaching would be substituted. Kornfeder received such coaching from Dmitri Z. Manuilsky, then the dean of the college (later Foreign Minister of the Ukraine).

It was during these private talks that Manuilsky laid down the dictum on "peace" that recently has had the New York *Daily Worker* in a froth. What Manuilsky told Kornfeder was this:

"War to the hilt, between communism and capitalism, is inevitable. Today, of course, we are not strong enough to attack. Our time will come in twenty or thirty years. To win we shall need the element of surprise. The bourgeoisie will have to be put to sleep. So we shall begin by launching the most spectacular peace movement on record. There will be electrifying overtures and unheard-of-concessions. The Capitalist countries, stupid and decadent, will rejoice to cooperate in their own destruction. They will leap at another chance to be friends. As soon as their guard is down, we shall

smash them with our clenched fist!"

The New York *Daily News*, alarmed by U.S. acquiescence to the projected Four Power conference "at the summit," wrote an editorial around this Manuilsky prediction which had been published in an article in the periodical, *Human Events*, in 1953. The *Daily Worker*, with front page fanfare, challenged the *News* to reveal its source, claiming that the quotation did not appear in the published works of Manuilsky in the Library of Congress.

(Please continue on page 13)

## RADIO LOG

"The WORLD TOMORROW"  
Herbert W. Armstrong analyzes today's news, with the prophecies of The WORLD TOMORROW!

TO THE U.S. & CANADA

WLS — Chicago — 890 on dial — 11:30 P.M., Mon. thru Fri., 8:30 Sunday night.

WWVA—Wheeling, W. Va.—1170 on dial—Sundays, 11:05 P.M. Eastern time, 10:15 P.M., Mon. and Wed. thru Fri.; 10:30 P.M., Tues.

WRVA—Richmond, Va.—1140 on dial—Sundays, 11:05 P.M. Eastern time.

XELO—800 on dial, every night, 9:00 P.M. Central Standard time. (8:00 P.M. Mountain Standard time.)

XEG—1050 on dial, every night, 8:30 P.M. Central Standard time.

WCAE — Pittsburgh, Pa.—1250 on dial—4:00 P.M. Sundays.

KXOK—St. Louis—630 on dial—6:25 P.M. Sundays.

HEARD ON PACIFIC COAST

XERB—1090 on dial—7:00 P.M. every night.

KGER—Los Angeles—1390 k.c.—12:30 P.M., Mon. thru Fri., 12 noon Saturday, 2 P.M. Sun.

KBLA—Burbank—1490 k.c.—7:30 A.M. daily, 9:30 A.M. Sunday.

KPDQ—Portland—800 on dial—8:30 A.M. daily.

KVI—Seattle-Tacoma—570, first on dial—10:30 P.M. every night.

TO ALL OF EUROPE

RADIO LUXEMBOURG—23:30 Mondays, Greenwich time

TO ASIA & AFRICA

RADIO CEYLON

Tuesday: 10:15-10:45 P.M. India-Pakistan Beam and Ceylon Beam.  
Wednesday: 11:30-12:00 noon African Beam. 5:15-5:45 P.M. S.E. Asia Beam.

RADIO LOURENCO MARQUES  
Saturday 10:00-10:30 P.M.

## TV LOG

Herbert W. Armstrong reveals the startling significance behind today's world troubles with the prophecies of The WORLD TOMORROW!

EVERY SUNDAY

NEW YORK, NEW YORK  
WPXI, Channel 11—12:00 A.M.

CHICAGO, ILLINOIS  
WBKB, Channel 7—9:00 A.M.

LOS ANGELES, CALIF.  
KTLA, Channel 5—10:30 P.M.

PORTLAND, OREGON  
KLOR, Channel 12—9:30 P.M.

DENVER, COLORADO  
KLZ, Channel 7—10:30 P.M.

TYLER, TEXAS  
KLTV, Channel 7—10:45 P.M.

SAN FRANCISCO-STOCKTON, CALIF.  
KQVR, Channel 13—10:30 P.M.

SHREVEPORT, LOUISIANA  
KTBS, Channel 3—10:30 P.M.

SEATTLE-TACOMA, WASH.  
KTNT, Channel 11—10:30 P.M.

HUTCHINSON, KANSAS  
KTVH, Channel 12—2:30 P.M.

KANSAS CITY  
KMBC, Channel 9—11:30 P.M.

HOUSTON, TEXAS  
KPRC, Channel 2—11:30 A.M.

HONOLULU, HAWAII  
KGMB, Channel 9—10:30 P.M.

NOTICE: In order to make preparations for every-night TV, we are cancelling the present schedule, to take effect early in February. The radio log remains the same, except that "The WORLD TOMORROW" will soon be broadcast over a national network covering AUSTRALIA, in addition to other nations around the world. The new DAILY TV log will appear in this column as soon as the schedule is made up and contracted for, later this year.

# There's a HIDDEN ENEMY in your Home!

**Have we been overlooking the very first lesson in true  
Christian living?**

**by Herbert W. Armstrong**

**T**HERE'S an enemy in your home, probably. You haven't seen this enemy. He's right in your family—he's made you all suffer—he's broken up many families, caused untold suffering, and a world of unhappiness.

But you never saw him. He's kept hidden from your sight.

It's high time you opened your eyes and took a good look at him, so you can recognize him for the villain he is.

The psychologists call him "emotional immaturity."

But that's something many people know nothing about. It's something "educated" people talk and write about, but seldom understand.

What is emotional maturity?

It is not something to be learned about by college graduates. It is something that ought to be taught in the first grade—and taught to four-, six-, and eight-year-olds in the home. It is the technical art of putting into practice the Ten Commandments.

## Few Understand It

It is the real secret to human happiness. *But it is just not taught!*

How can parents teach their children, when they themselves are emotionally immature? How can teachers instill emotional maturity in children when they have not grown up emotionally themselves?

Yet here is the real secret of ability to *live* the Ten Commandments. It's the real secret to Christian living and perfection. It's the real distinguishing mark of the truly educated person. That it is not realized, and instilled in children while they are growing up—that it is not a required basic course of training in all colleges—is a terrible indictment against education, religion, American society.

## What It Is

One author defines emotional maturity as development from the state of taking to the state of giving. Spiritually, taking is the way of Satan. Giving is the way of God, and the principle of His Law. LOVE is *giving*.

A little baby knows only how to *take*.

He will take his bottle, his rattle, his toy. It is human nature to *take*. Humans know absolutely NOTHING at birth. Therefore a baby responds only to the nature within him, and reaches out to *take* whatever attracts or tempts him.

Humans must be *taught* to give. Giving is something that *has to be* LEARNED. But how many begin teaching their babies this principle—the very *principle* of God's Law, and of true love?

Let us define it further.

All human beings are actuated by their emotions. But do we ever stop to ask, and analyze, what *are* these emotions?

An emotion is a strong *feeling*—a disturbance—a departure from the normal calm state of rational thinking and acting—an *impulse* toward an action which has not been reasoned and approved by the mind. Among the emotions are such feelings or impulses as fear, anger, disgust, grief, joy, surprise, yearning.

And first cousin to emotion are our *moods*. An emotionally immature person is usually one who is moody and has never learned to control his moods.

## What We Overlook

More and more I am impressed that one of the most important truths we humans overlook is that human beings are not equipped with instinct, like dumb animals, to guide us into the proper course. Animals do not have the mind-power, knowledge, ability to reason and mentally direct their actions. God endowed them, instead, with instinct which guides them along in the channel He intended.

God endowed man, in His own image, with MIND. Man must first learn, and acquire knowledge. He is endowed, also, with capacity to reason from that knowledge—to think, to plan, to arrive at conclusions, to make decisions.

God intended man's mind to direct his actions. But man must *learn* to do this, and he can never achieve God's PURPOSE in placing him on this earth until he does.

The development of right CHARACTER is the purpose of human life. And character is ability to come to right

knowledge and wisdom and then to direct the mind and body into this right course.

But we poor humans act as tho we believed man to be merely the highest of the dumb brutes—as if man were equipped with instinct, and the purpose of life were merely to ENJOY such feelings, sensations, emotions and moods as impulse attracts us to, *without thinking, or mental direction!*

## A Tragic Case

I once knew a tragic example. A man highly educated, whose life had been devoted to the field of education, assuming readily the responsibility of teaching others, when he, himself, had never learned this central truth of life.

His mind was stored with knowledge of science, history, mathematics, literature. He had knowledge of facts about the earth, the sun, the moon, the stars. He had acquired knowledge about many other *things*, but not about *himself*—his moods, his feelings, his drives, impulses and desires. He had never stopped to study and analyze them, let alone learn to control them.

As a child he had been pampered, petted, spoiled—permitted to have his way, never taught self-restraint, self-control, or how to understand his moods, feelings, and desires, and to control and guide them according to the sound reasoning of the *mind*, instead of impulsively following them without mental direction.

He was married, had a fine family, an honored position with rare opportunities. But letting *feelings, moods, impulses* dominate his mind, instead of making his mind rationally and wisely direct them, his marriage crashed, his home was broken up, and he fled in fear from his high position and brilliant future. He not only wrecked his own life, he forced great sorrow, unhappiness, and suffering on many others.

His emotions had so dominated his mind that he came to see circumstances thru the eyes of his feelings, and his understanding became warped and distorted.

Physically he grew to normal matu-

city, and was reasonably proficient in athletics. He possessed a number of university degrees. He was mentally mature so far as this world's faulty education instructs. But emotionally, he was still somewhere between ages eight and twelve! And, as a sad accompaniment, his spiritual age was no older.

The great tragedy of our generation is that nearly all people mature physically, perhaps half to two-thirds mature mentally, *but very few ever grow up emotionally or spiritually.*

One is not a fully mature man or woman, as God intended, until *emotional* and *spiritual* maturity has been reached!

### Should Start in Child Training

The time to start this emotional "growing up" is the same time mental training is begun. It should be started *in the home*, and surely by age three or four.

Parents, **STUDY** your own children. Remember that training of the emotions involves control and right direction of feelings, tempers, impulses. It means control over anger, jealousy, hatred, fear, **grief**, resentment, selfishness, vanity.

And since the **RIGHT** direction is the way of God's Law—and since that is the way of LOVE, and love is the principle of giving instead of taking, it means the teaching of your children to use their own minds to understand their moods, and guide them in the direction of **GIVING**—of love toward others, equal with love toward self.

Yelling, loud talking, bursts of temper, rudeness—all these are lack of emotional "growing up." Emotional immaturity is simply letting human nature run sway without any control from a right-thinking, reasoning mind. Teach your children to let their **MINDS** direct their natures properly and wisely.

I remember the first funeral I was called on to officiate. At funerals many people let their emotions of grief run uncontrolled. A great fear seized me. I was afraid I would not be able to keep calm and control my own feelings, and I knew I must do that, and with calm tenderness and sympathy, comfort the bereaved. I was much younger then, and in the emotional struggle that went on inside my mind over ability to carry this responsibility, I began to break down and go to pieces.

I announced to my family I just couldn't do it. We were at the time visiting in my father's home, and he came over to me, put his hands on my shoulders, and calmly shook me, saying in a voice of authority with which he had not spoken to me since I was a child:

"Here! Snap out of it! This is your responsibility! This family is broken up in sorrow, and they are relying on you.

You can't back out of it! Wake up! Come to yourself! Get a grip on yourself! You *are* going thru with this, and you're going to do it with credit, and calm dignity and sincerity!"

That, I remember, sobered and calmed me and brought me back to my right senses, and I replied quietly:

"Yes, Dad, of course I will."

Then I went to a private room, closed the door, and talked to my heavenly Father about it, and received from Him the emotional control I had lacked for this ordeal—and that first funeral *was* an ordeal. But when I literally placed myself in God's hands as His instrument, He used me, and the words He spoke thru my mouth resulted in the conversion of the bereaved parents.

I found it difficult, as I was later more and more frequently called upon to officiate at funerals, so to control my own emotions as to achieve right *balance*—that outer calmness, without going to the opposite extreme of hardening my senses so that I would not feel proper sympathy. It was thru God's help and much prayer that I was able to achieve emotional control, with dignity and poise, yet with extreme tenderness, gentleness, and heart-felt sympathy for those in sorrow, so that I could give them the help they needed in their greatest trial, and still not break down with them.

Surely no one can achieve real Christian growth and perfection until he has acquired emotional stability.

Our tempers, feelings, emotions, were given to us for a purpose! They are not to be nullified—merely intelligently *guided* by mind control into the proper channels of God's Law!

### Emotion in Religion

Of all the phases of life, there is none in which emotional immaturity is more apparent than in religion.

Here, too, people are prone to go to extremes. Either they deliberately work up the emotions to a frenzy or they make their religion a wholly mental expression, restraining the emotions entirely.

Many, usually the more illiterate or at least less educated, follow a religion that is almost wholly emotional. In "meeting," the preachers say nothing that is thought-provoking, but only that which is emotional-arousing. They do not teach, or instruct, they generate unrestrained emotion.

They ask the congregation such questions as "Are you *happy*?"—echoed by thunderous "Amen's," or shouts of "HALLELUJAH!" The main job of the preacher is to generate wild, shouting, uncontrolled emotion, until the whole congregation is out of control in a frenzy of fanatical exuberance.

Then there are the more quiet emo-

ional sects—but who also accept the counterfeit of sentimentality and emotion for deep spirituality. Indeed it seems that *most* fundamentalist groups accept one form or another of **EMOTION** in the place of true spirituality.

But emotion is not spirituality. Emotion is *physical* reaction. While a certain emotional reaction *should* naturally follow true and deep spiritual experience, nevertheless it is a physical reaction *from* that experience, and is not, in itself, spiritual experience. Emotion is produced by the nervous system of the **fleshy** body. It is, therefore, of the **FLESH**, *not* of the **SPIRIT**!

The Holy Spirit of God is given only to those who **OBEY** God (Acts 5:32). Most religious bodies who mistake the emotional counterfeit for genuine spirituality preach that "God's Law is done away"—preach a doctrine of "salvation without works," by which they mean without obedience to God or to God's Law.

No one is a real Christian unless he has received, and is being *led* (in obedience to God's Law) by the Holy Spirit (Rom. 8:9, 14), and the Holy Spirit *in us* is the **LOVE OF GOD** (Rom. 5:5) which is the *only* love that fulfills God's law. And also the Holy Spirit is the Spirit of a **SOUND MIND** (II Tim. 1:7).

True spirituality, therefore, is **SOUND MINDEDNESS**, for true spirituality can come *only* from the **SPIRIT OF GOD** within us. True spirituality is **RATIONAL**.

On the other hand, true spirituality is not a mere mental religion divorced from all feeling and emotion. There are the purely mental religions which do not even believe in the Holy Spirit of God.

And there are some of **US**, perhaps, who have come to know God's Truth—who have surrendered to God, truly repented of our own way, turned from the ways of the world, and who are devoted to studying the Bible to learn *God's way* so that we may *live by every Word of God*—and who also pray a great deal, but who yet **LACK** the very second **FRUIT** of the Spirit of God—**JOY**!

### NOT Emotionless Maturity

Emotional *maturity* does not mean "emotionless maturity" any more than it means uncontrolled emotion.

The truly emotionally mature are Spirit-guided by sound Spirit-mindedness—by God's Word, and the emotions are **CONTROLLED**, but not anesthetized. The emotionally grown-up **DO** express enthusiasm, **JOY**, happiness. They **DO feel** and express gratitude, reverence, adoration in their worship of God. They do feel and express compassion, mercy, sympathy.

God is a Spirit, and they that *worship*  
(Please continue on page 11)



# WHERE Are Enoch and Elijah?

**Enoch was translated that he should not see death. Elijah went up by a whirlwind into heaven. Yet they are not in heaven today! WHERE ARE THEY? Here's the astounding truth.**

**by Herman L. Hoeh**

**E**NOCH WAS "translated." Where did he go? Was he immediately taken to heaven? NO! Because Jesus Himself said: "No man hath ascended up to heaven, but he that came down from heaven, even the Son of man." (John 3:13.) Here are Jesus' own words that *no man*, except Himself, had been in heaven!

And how did He know? Why, *He came from there!*

Then *where* is Enoch? Let's see what the Bible says.

## Walking with God

At the age of 65 Enoch had a son named Methuselah. "And Enoch *walked with God* after he begat Methuselah three hundred years, and he begat sons and daughters." (Genesis 5:22.)

Here was a man that PLEASED God, a man that WALKED WITH GOD.

Enoch had faith, for in Hebrews 11:6 the Apostle said "But without *faith* it is impossible to please Him: for he that cometh to God must believe that He is, and that He is a rewarder of them that diligently seek Him." So Enoch walked with God. He *obeyed* God, and followed Him in His paths BY FAITH.

Noah also walked with God (Gen. 6:9). Enoch and Noah did not follow the customs of the world which corrupted God's way. (Gen. 6:12.) These two men proved their belief in God by *walking in the ways of God*—doing what was pleasing to Him.

No one can walk with God unless he is in *agreement* with the *will* of God and *doing* it. Amos the prophet said: "Can two walk together, except they be *agreed*?" (Amos 3:3.) So in his generation Enoch was the only recorded person who followed the ways of God—even though it possibly took him sixty-five years to learn to walk with God!

How important this fact in the life of Enoch really is, can be seen from the general practice of the world which has always disagreed with God. Ancient Israel walked in the statutes of the heathen, not in the laws of God. (2 Kings 17:8, 19.) Even today almost everyone

is walking in the course of this world.

But *how long* did Enoch walk with God? The Scripture says that he "walked with God after he begat Methuselah *three hundred years*." So Enoch followed God's ways for three hundred years. Notice that Moses did *not* record that Enoch is *still* walking with God. The Scripture says that Enoch WALKED with God for three hundred years and *not one year more!* Then Enoch is not still walking with God! Why?

Because "*all the days* of Enoch were three hundred sixty-five years." (Gen. 5:23.) *All* the days of Enoch were three hundred and sixty-five years. Not just *part* of his days, but *all* his days! If Enoch did not die—if he was changed to immortality—and thus *continued* to walk with God, then his days would have been *more* than three hundred and sixty-five years. But the Bible plainly says that ALL his days were just that many, and *no more!*

This expression "all his days" is used in the same fifth chapter of Genesis about a dozen times and always it means that the person lived for that length of time ONLY "and he died." So Enoch lived NO MORE than three hundred and sixty-five years because "*all* his days were three hundred and sixty-five years." *As he lived only for this length of time THEN HE MUST HAVE DIED!*

But what about his *translation*? Does that mean he didn't die?

That's what most people carelessly *assume without proof*.

## His Translation

Remember, *Moses didn't write* that Enoch did not die. Rather Moses wrote that "Enoch walked with God: and *he was not*; for God took him." (Gen. 5:24.) Paul records the same event by saying that he "was not *found*, because God had translated him." (Heb. 11:5.)

Thus the Scripture records that Enoch *was not found* because God *took* him, or "translated" him. THE BIBLE DOES NOT SAY THAT ENOCH WENT TO HEAVEN because he was translated. Instead it says he *was not found*.

Certainly Enoch was "translated," but *what does the word "translate" mean?*

Strange as it may seem, *nowhere in all the Bible does translate mean to make immortal!*

The original Greek word for "translate" is *metatithemi*. According to Strong it signifies: *transfer, transport, exchange, change sides*.

This same Greek word is rendered "carried over" in Acts 7:16. Here we read that after Jacob DIED his body was "carried over"—transported, TRANSLATED—to Sychem WHERE HE WAS BURIED! *That's what your Bible says! Jacob was transported or TRANSLATED to the place of burial!*

That is why Moses said that God TOOK Enoch. God removed—translated—him so that *he was not found*.

In Deuteronomy 34:6 we read also how God *took* Moses from the people after which he *died* and was *buried* by God. "But no man knoweth his sepulcher unto this day." God removed Moses—God translated him—and *he was not found* either!

So Enoch was not made immortal after all! He was taken away and was not found. ALL his days were three hundred and sixty-five! That's as long as Enoch lived.

Another proof that "translate" does not mean to make immortal is found in Col. 1:13: The Father "hath delivered us from the power of darkness, and hath TRANSLATED us into the kingdom of His dear Son." Here the Bible says that Christians are *already translated*—but Christians still die! We are not immortal bodies, but mortal flesh and blood. Although we were once part of the darkness of this world, *now* we are TRANSLATED, *removed* from darkness into the light of the kingdom of God.

## Didn't Receive the Promise

Enoch is included by Paul (in Hebrews 11) among the fathers who obtained a good report through faith; but "ALL these, having obtained a good report through faith, *received not the promise* (Heb. 11:39). What promise?

The "hope of *eternal life*, which God, that cannot lie, *promised* before the world began." (Titus 1:2.) So Enoch is one of "ALL THESE" who have *not yet obtained the promise of eternal life* and inheritance. Enoch and all the worthies of old will *receive* the promise of eternal life at the return of Christ, the same time Christians obtain it. (II Heb. 11:40.) That is yet future!

Since Enoch has not yet inherited eternal life he must be dead! This is exactly what Paul writes in Heb. 11:13! Paul says Enoch DIED! Notice it! "These ALL died in faith, not having received what was promised." Who were these "ALL"?

Paul tells us: Abel, ENOCH, Noah, and the patriarchs and their wives. Hebrews 11:1-12 list those who had faith and Enoch is included among them. Then in verse 13 Paul proved that they had not inherited the promises by saying: "These ALL (including Enoch) *died* in faith."

But what about Paul's saying that Enoch "*should not see death*"?

### "Should Not See Death"

Enoch lived only three hundred sixty-five years. Then what could Paul possibly have meant by saying: "By faith Enoch was translated that *he should not see death*; and was not found because God had translated him?" This verse nowhere says that Enoch *did not die*. Rather, it says that Enoch "*should not see death*." But what does it mean?

Remember, there is *more than one death* mentioned in the Bible. There is a *first* death, and there is a *second* death. (Rev. 20:6) *Which* death did Paul mean?

The *first* death is *appointed* unto men. (Heb. 9:27.) That death cannot be humanly evaded. It is inevitable.

But Paul said that Enoch was translated that he SHOULD not see death. The phrase "should not see" is in the *conditional tense* of the verb, having reference to a *future* event. It is not in the past tense, that he "did not see" death—but that he "*should not see death*." So this death that Enoch escaped by being translated is one that he could have escaped *in the future* ON CERTAIN CONDITIONS!

Did Jesus ever speak of a death that *might be escaped*? He certainly did! In John 8:51 Jesus said, "Verily, verily, I say unto you, If a man keep my sayings, *he shall never see death*." And again in John 11:26, "Whoso liveth and believeth in me *shall never die*"—or "*shall not die forever*."

This death is one that can be escaped *on condition* that men keep the sayings of Jesus and believe Him. This death is *not* the first death, because Christians who keep Jesus' sayings die this first

death. Then the death which Enoch *should* escape must be the *second* death which will NEVER TOUCH THOSE WHO ARE IN THE FIRST RESURRECTION. (Rev. 20: 6.) And Enoch will be in the *first* resurrection because he met the conditions!

Enoch had faith. He believed God and walked with God, obeying Him. In keeping the sayings of God, Enoch kept the sayings of Jesus too; because Jesus did not speak of himself, but spoke what the Father commanded Him. (John 14:10.)

Thus Enoch met the *conditions* so that he *should not see death*. The second death shall never touch Enoch, because of his *faith* and *obedience*.

### Two Translations

Now we can understand Hebrews 11:5: "By faith Enoch was *translated* that he should not see death; and was not found, because God had translated him; for before his translation he had this testimony, that he pleased God."

This verse plainly mentions two translations.

Examining this verse fact by fact, We notice that Enoch *had faith* and was translated. *This* translation—removal, transference—was *on condition* of FAITH. Now what translation mentioned in the Bible is on condition of faith? Why, the one we read about in Colossians 1:13. The Father "hath delivered us from the power of darkness, and hath *translated* us into the kingdom of His dear Son."

This is a FIGURATIVE translation—a FIGURATIVE *removal* or *transference* from the spiritual darkness of this world to the light of the family or kingdom of God and Christ. In verse 10 Paul shows that to abide in this kingdom we must "*walk worthy of the Lord unto all pleasing*." This is exactly what Enoch did. He walked with God, and pleased God.

Then Enoch, the same as Christians, was delivered from the power of sin and darkness in which he had been living for sixty-five years. He was *removed* (translated) from the ways of the world and lived three hundred years according to God's ways so that he might inherit eternal life at Christ's return, and *should not* suffer the *second* death.

By faith Enoch was separated—*removed* or *translated*—from the world, the same as Christians who are not to be a part of the world, although living *in* the world.

Not only was Enoch FIGURATIVELY taken from the society of his day, but he was also LITERALLY removed—translated—so that *he was not found*.

God took him *physically* away from the people, just as He later took Moses. And GOD buried each so well that neither

has ever been found since! Enoch had completed this present normal life. "All his days were three hundred sixty-five years." This was the second translation—a literal removal at death.

God gave Enoch this sign of physical removal as a type for all those who should later follow Enoch's example of faith. He was taken physically from the people just as Christians are to be *spiritually* removed from the ways of the world. The physical translation or carrying away of Enoch was also a sign to him by God that his faith had been accepted—God often gives signs (Isaiah 38:7).

Like every true saint, Enoch is awaiting the hope of the resurrection and the return of Christ. (Jude 14, 15.)

### Part II

**Y**OU HAVE been told that Elijah went to heaven. But Jesus said he didn't (John 3:13).

Then where *did* Elijah go?

### Which Heaven?

There are several heavens mentioned in the Bible, *not just one!* And if, as Jesus said, *no man*, which included Elijah, had ever ascended to heaven, then the heaven into which Elijah was taken was a *different* heaven! Which one was it?

There is the heaven of God's throne, where Jesus is today. Jesus, being the High Priest of God, is the *only* One who has the right to be in *that* heaven with the Father. Hebrews 8:1-5 explains the original earthly tabernacle under the Old Covenant with its most holy place, or compartment—the type of the throne of God in heaven. *Only* the high priest—type of Christ as High Priest now, was allowed to enter.

The word "heaven" also means the expanse of this great universe—the space where we find the sun, moon, stars, comets and planets. How often do we find the Psalmist admiring the "*heavens*, the work of thy fingers, the moon, and the stars, which thou hast ordained." Psalm 8:3; Genesis 1:15-17.

Beside the heaven of the stars, we also find that the atmosphere, the air that surrounds this world, is also called *heaven*. Birds fly in the midst of heaven—certainly *not* God's throne in heaven—for we read in Genesis 1:20 of "fowl that may fly *above the earth* in the open firmament of heaven." In blessing Jacob, Isaac said: "God give thee of the *dew of heaven*" and Moses joyed that the heavens shall drop down dew." See Gen. 27:28; Deut. 33:28.

Here heaven can mean only the atmosphere where the clouds and the wind roam. Everyone of us is right now breathing the *air of heaven!*

Since Elijah could not have gone to  
(Please continue on page 11)



# The ANSWER to Unanswered Prayer

**Why doesn't God intervene and answer your prayers?  
How can you be SURE of getting an answer? Do you  
know the SEVEN conditions God has set?**

**by Roderick C. Meredith**

**H**AS GOD gone "way off" somewhere? Why do the polished prayers of the preachers and politicians seem so empty and futile? Why don't they get RESULTS?

The fundamental reason why the prayers of most people—yes, even *ministers*—are not being answered today, is that they do not really *know* the true God. They think of God as a sort of vague, far-off, indefinable something. They know not the *true* God who is the *active, law-giving* RULER of the universe. They seem to forget that God *reveals* Himself in His word, the Bible, and that He shows us the *kind* of God He is—that God informs us *how* we should OBEY Him, and what He has PROMISED to do for us.

## Believe the Bible

Can we take God's word literally? Does God *mean* what He says in it?

Jesus thought so. He said, "Thy word is TRUTH" (John 17:17). The apostles constantly taught and acted as if God's word was *literally true*.

Who is right? Are you going to follow the differing ideas of *men*, or do you want to obey Jesus and live by *every word of God* (Mat. 4:4)?

To get RESULTS in your prayers, you should *believe in the God of the Bible*. Believe His word is *truth*. And be willing to *act* on God's word and His commands.

*Free yourself* from the hide-bound traditions of this confused world and its churchianity. *Seek* the true God in prayer. *Study* God's word to find out His commandments and His promises. Then, *take God at His word!*

The Bible reveals *seven basic conditions* which you should fulfill to be certain of *answered prayers*.

What are they?

## Seek God's Will

In James 4:1-4, the apostle showed that the children of this world—fighting and warring as they do—fail to receive help because they often neglect to ask God's help. And when they do, it is only to ask for their own selfish ends.

To ask *selfishly* is to "ask amiss." You can expect *no answer* to such a prayer.

To get an answer, follow Jesus' example when He said, "I seek *not* mine own will, *but the will of the Father* which hath sent me" (John 5:30). But can you *know* God's will? "Wherefore be ye not unwise, but *understanding* what the will of the Lord is" (Eph. 5:17).

STUDY God's word as Paul commanded Timothy (II Tim. 2:15). Then you will begin to think more as God thinks. You will come to *know* what God's will is in every circumstance. If you believe and know that God is *love*, that His will is for *our good*, then you will want to pray according to God's will.

You need not always have a specific promise in the Bible to know that something is God's will. Through experience and guidance, you will learn how to apply the *principles* of God's revealed will to any situation which may arise.

The point is that you must pray according to *God's will* to receive an answer. "And this is the confidence that we have in him, that, if we ask any thing *according to his will*, he heareth us: and if we know that he hears us, whatsoever we ask, we *know* that we have the petitions that we desired of him" (I John 5:14-15). God's word reveals that by fulfilling this *condition* you KNOW that God will answer your prayers!

Asking according to God's will is the *over-all, fundamental condition* of answered prayer. All other conditions could be grouped under this one because they are the specific points of *God's will* in regard to prayer. The following six, together with and magnifying this first condition, will ensure *answered prayers*.

## Believe God

Most people do not realize that a *lack of faith* is simply a *disbelief* that God will keep His promises or back up His word. Have you ever thought of it that way?

God has *promised* to heal His children through the prayers of His ministers (James 5:14). If you *doubt* this promise, you are making God a *liar!*

Real FAITH is not an emotional "feeling" that you generate by thinking certain thoughts over and over. You don't "talk yourself into," or "think yourself into" real, believing faith. Godly faith is simply your willingness—through *God's help*—to quietly, patiently *trust* God to perform His word. Abraham had that kind of faith. The apostle Paul wrote of him: "He staggered not at the promise of God through unbelief; but was strong in *faith*, giving glory to God; and being fully persuaded that what he had promised, he was able also to perform" (Rom. 4:20-21).

Abraham relied *completely* on God to perform His promises. Do you?

If you lack real *faith*, ask God to give it to you. Faith is one of the *gifts* of God's Holy Spirit.

James was inspired to write that a man *must* have faith to receive answers to his prayers (James 1:5-7). A man who *wavers* will not receive an answer. "For let not *that* man think that he shall receive any thing of the Lord" (v. 7).

God has made hundreds of *promises* in His word which we can claim. Healing is just one of them. When you are sick, do you obey God's command to "call for the elders of the church"? Or do you rush to the phone and call the doctor?

Do you *completely* TRUST God to keep His promise to *heal*, or do you trust in the *painful, costly*, and sometimes *fatal* method of doctors with their drugs and knives?

If you really believe God will heal, then *trust* Him to do it! Faith without works is *dead* (James 2:20). To have answered prayers, you must have *faith*—and you must *act* on that faith!

## Be Fervent

It is common in our day for parents to teach their children memorized prayers. The father often mumbles a hurried, routine prayer of thanks at the table. The minister either reads or recites from memory an eloquent prayer which *sounds* very impressive.

Is God impressed?

The "fruits" show that God rarely

hears such prayers, for they are usually *not answered*.

This is so because people don't put their *hearts* into their prayers (Hosea 7:14). They don't "cry out" to God with their whole being as the ancient prophets did—and as Christ did when He prayed.

On the evening before His crucifixion, Jesus needed strength from God for the coming ordeal. He needed to get really close to God. He knelt down and began to pray that *God's* will, not his own, would be done. "And being in an agony he prayed more *earnestly*; and his sweat was as it were great drops of blood falling down to the ground" (Luke 22:44). He prayed *earnestly*—with all His heart.

In James 5:16, we read, "The effectual FERVENT prayer of a righteous man availeth much." We have to pray *fervently, earnestly, zealously*, if we expect God to hear.

Put your *whole heart* into your prayers!

### Fear and Humility

Modern man has a cocksure, self-sufficient attitude and thinks he can get along fine without God. He neither fears God nor respects God's word as an *authority* in his life. He is vain, egotistical, self-important.

Is it no wonder that God fails to answer the prayers of such men?

The very *first* prerequisite to a knowledge of God is to fear Him and respect His word. "The *fear* of the Lord is the beginning of wisdom" (Ps. 111:10).

Carnal man needs to realize that he is only *dust* and shall return to the dust unless and until he receives the Spirit of God, which is the begetting to eternal life. Eternal life is a *gift* from God (Rom. 6:23), not something we already have. "For what is your life? It is even a vapour, that appeareth for a little time, and then *vanisheth away*" (James 4:14).

We need to *fear* God, realizing that our lives are in His hands. We should be humble, realizing that any gifts or talents we may have are ours *because God gave them to us*.

When we can approach our Creator in *that* attitude—respecting His power and authority over our lives—then He will hear our prayers.

When Christ was in the human flesh, even He feared God as we should. "Who in the days of his flesh, when he had offered up prayers and supplications with strong crying and tears unto him that was able to save him from death, and was heard in that *he feared*" (Heb. 5:7). When we fully realize our own *helplessness*, then we will cry out to God as we should.

Peter wrote "be clothed with *humility*: for God resisteth the proud, and giveth

grace to the humble" (1 Pet. 5:5).

The attitude of *humility* and *godly fear* is vital in prayer, and at *all times*.

### Be Persistent

In Luke 18:1-8, Jesus spoke a parable to teach us that we should always pray, and never give up hope. He showed that even an unrighteous judge would finally hear the pleas of a widow who *kept coming to him*. So we should keep praying to God, *even though He doesn't answer right away*.

God has made many promises in His word. But He has *nowhere* said that He will perform them at the *time*, or in the *way* that we choose. Sometimes it is very good for *us* not to have our prayers answered immediately. God is building patient *faith* into our characters.

James was inspired to write, "the trying of your faith worketh patience" (James 1:3). If God doesn't answer your prayers immediately, exercise *patience* and keep praying until He does answer.

Don't nag at God. He has supreme wisdom to know *when* and *how* would be best to answer your prayers. But if you have prayed as you should, He *WILL* answer. God *always* keeps His promises! So be *persistent*. Keep praying in faith, and God is *bound* to perform His part.

### Obedience

A sixth condition of answered prayer is one which is neglected and violated consistently by most professing "Christians." This hinges directly on the before mentioned fact that very few people today really know the true God. People do not look to God as the *AUTHORITY* in their lives. Instead, they make a "god" out of this world's society and its customs, traditions, and religious practices.

God inspired Paul to write, "Know ye not, that to whom ye yield yourselves servants to *obey*, his servants ye are to whom ye obey" (Rom. 6:16). If you obey the ways of sin practiced in this world, you are putting this society and its pagan customs *in place of the true God*!

God wants more than "lip service." He requires *OBEDIENCE*!

If you haven't learned to *fear* the true God and accept His word as the *authority* in your life, then you don't even really *know* God. "He that saith, I know him, and keepeth not his commandments, is a *liar*, and the truth is not in him" (1 John 2:4).

How can men persistently refuse to keep God's commandments, and then expect Him to answer their prayers? Peter answers, "For the eyes of the Lord are over the righteous, and his ears are open unto their prayers: but the face of the Lord is against them that do evil" (1 Pet. 3:12).

*Sin* is simply breaking God's law (1 John 3:4). God will *not* hear the prayers of those who persist in sin—in evil. If people would obey God, they would get *answers* when they pray. Then God wouldn't seem so far away, so unreal—as He probably does to most of *you!* Think it over. Then *do something about it*.

Does God ever hear the prayers of the unconverted? Yes, He does. God himself has blinded the eyes of many to the truth at this time (Rom. 11:7-8). It is His *responsibility* that they don't know the truth yet. So God does sometimes hear and answer the prayers of those who *obey as far as they know*.

The lepers and cripples who came to Jesus to be healed didn't know all of God's truth. But they did realize that Jesus was sent from God and could heal. *And they acted on what they knew*.

So it is a matter of your *heart* or *attitude*. If you come to God in a humble, repentant spirit and are determined to obey Him *to the best of your knowledge*, He will hear your prayers. But this is *no excuse* for anyone who knows the truth to disobey God!

True Christians can have a special confidence that God *will answer* their prayers *if* they are *OBEDIENT*. "And whatsoever we ask, we receive of him, *because we keep his commandments*, and do those things that are pleasing in his sight" (1 John 3:22).

### Use Christ's Name

The seventh condition of answered prayer is the correct use of Christ's name. This is a greatly misunderstood subject, and the use of Christ's name is often abused.

After Jesus had been with His disciples for over three years, and had taught them *God's will* and how to obey it, He said, "Whatsoever ye shall ask the Father *in my name*, he will give it you. Hitherto have ye asked nothing *in my name*: ask, and ye shall receive, that your joy may be full" (John 16:23-24). These verses give us the privilege of employing Christ's name—asking by His authority—when we pray to God. But most people misunderstand *how* we can ask "in Jesus' name."

When our government sends an Ambassador to another country, he is given *authority* to carry out certain business *in the name* of the United States Government. He can act *in the name* of our government because it has conferred on him the *authority* as its chosen representative to carry on certain business on its behalf. His authority is *limited* to do only what the government has specifically authorized him. If he exceeds his delegated authority, his actions are *null* and *void* and will *not* be backed up by this government.

That is the *way* we are to ask things "in Jesus' name." Christ has given His ministers the duty of performing certain functions in His name—or *by His authority*. We can rightfully ask for things "in Jesus' name" only when we know that it is His will—that His *authority* stands back of it.

Just rattling off the words "in Jesus' name" to a prayer that is contrary to God's will and Christ's will is of *no avail whatsoever*.

Those who abide in Christ and are God's children have the privilege of praying in Christ's name. Jesus explained, "If ye abide in me, and *my words abide in you*, ye shall ask what ye will, and it shall be done unto you" (John 15:7).

Yes, Jesus' *words* must abide in you. You must ask according to *His will*. You must abide in Him—*belong to Him*. "Now if any man hath *not* the Spirit of Christ, he is none of his" (Rom. 8:9). And God gives His Holy Spirit to them that OBEY Him (Acts 5:32).

So to pray in Jesus' name, you must at the same time be *yielding* to His will to the best of your knowledge. "In Jesus' name" means *by His authority*. You are praying through Him as your High Priest (Heb. 4:14-16).

Christ—our High Priest—was tempted in all points like we are (v. 15). He understands our weaknesses. It *is* His revealed will to give us of His Spirit (Luke 11:13) and to help us live a more abundant life (John 10:10). You need to *study* God's word to know the principles of His will, that you may ask by His authority.

Praying in Jesus' name is a great privilege. Use Jesus' name *correctly*, and your prayers will be *answered* because of the *authority* conferred through Him.

#### Action Will Follow

If you faithfully conform to these seven *conditions of answered prayer*—with God's help, you may then have *absolute confidence* that God will hear and answer your prayers. You will be changing, growing closer to God each day. You will be actively seeking and doing His will.

This intimate contact with the Creator of Heaven and Earth will give you a peace of mind and quiet confidence that *nothing* can destroy. But your confidence will not be in *self*, but in the greatest **POWER** there is. In *every* trial and problem, you have the right to call on the Supreme Power—the active, living God who reveals Himself in the Bible.

God has inspired an example of how He heard and *answered* even the prayers of an unconverted man *because* that man was in a *right spirit*, and had *obeyed* what he knew. In II Kings 20:1-11, we read the account of how king Hezekiah

was about to die and sought God's deliverance.

God's own prophet, Isaiah, had told Hezekiah that he would die. But Hezekiah knew that God was an all-merciful God, and that he had obeyed God the best he knew how and could.

So Hezekiah "wept sore" and besought God's intervention (v. 3). He put his *heart* in his prayer!

In *spite* of the fact that He had previously told Isaiah that Hezekiah would die, God heard and *answered* Hezekiah's fervent prayer! He added *fifteen years* to Hezekiah's life!

What a *result* of prayer!

But was that all?

*No indeed*. Hezekiah did not *doubt* God's power to *intervene* and *act* as this world does. He made a *further* request that God would give him a special sign that he would be healed (v. 8).

God's servant, Isaiah, gave Hezekiah the choice of the sign—the shadow would either go forward ten degrees, or backward ten degrees. Hezekiah said it would be *burden* for the shadow to go backward ten degrees. And Isaiah the prophet cried unto the Lord: and *he brought the shadow ten degrees backward*" (v. 11).

Because of Hezekiah's faith, obedience, and fervent prayers, God Almighty not only *healed* him and added *fifteen years* to his life, but *He actually caused the sun to reverse itself in the heavens!*

This was *not* an "optical illusion." God's miracles are *real!* "For with God NOTHING SHALL BE IMPOSSIBLE" (Luke 1:37).

If you believe that God's word *is truth*, this should inspire you to *pray* as never before! Pray for God's *work*, for God's *servants*, for His people everywhere. Ask in *faith* for your own needs. Rely on God in every trouble. He is a God of *power!*

Now you know the conditions to having your prayers heard and *answered*. May God help you to put them into *action*.

## Hidden Enemy in Your Home

(Continued from page 6)

Him must worship IN SPIRIT, and IN TRUTH. One cannot worship IN SPIRIT unless he has received and is led by God's Spirit. One cannot worship IN TRUTH without UNDERSTANDING of God's Word—with a sound mind. But this kind of worship is not devoid of *feeling*, and resultant emotional expression. Even though the emotion is *physical* reaction, it does truly *accompany* or

*react from* true spiritual experience. But it is not a substitute for it.

The emotionally mature will properly express sympathy in a most sincere manner, from the heart. They will express, on occasion, when called for, sorrow, anguish, compassion. And they will also express good cheer, happiness, enthusiasm, zeal, and that happiness which is brim-full and running over, called JOY!

It sort of sums up, then, that the emotionally mature *combine* the controlled expression of emotion *with* physical health, and an educated mind that is Spirit-begotten and Spirit-led, doesn't it? In other words, emotional maturity develops hand-in-hand with physical, mental, and spiritual growth, the four blending into, finally, the perfect spiritual CHARACTER we were put here to become.

YOU probably have a long way yet to go. YOU have a grave responsibility, if you have children, in their EMOTIONAL training as well as their physical health, mental education, and spiritual guidance. We shall all be called to account some day. How will YOU answer?

## Enoch and Elijah

(Continued from page 8)

the heaven of God's throne, then to which heaven did he go? for the Scripture reads "and Elijah went up by a *whirlwind* into heaven (II Kings 2:1, 11)."

The answer ought already be quite obvious; for he "went up by a *whirlwind* into heaven." There could be no whirlwind in any other place but in the atmosphere surrounding this earth—in the heavens in which the birds fly. You certainly have all seen the great lifting power of a *whirlwind*, haven't you?

#### Why Taken Up?

There was a reason for this unusual act of God. Why did he take Elijah up into the atmosphere? Was it to make him immortal? No, *the Scripture says no word* about that. The ancient prophets did not receive any promise of immortality prior to or apart from us. And we shall receive it when Christ returns (Heb. 11:39, 40).

If Elijah were not made immortal—for that would give him pre-eminence above Jesus—what *does the Bible say?* What men presume matters nothing.

In II Kings 2:3 and 5 the answer is plainly recorded. "Knowest thou that the Lord will take away *thy master from thy head today?*" Or as the Smith and Goodspeed translation has it "Do you know

that today the Lord is about to take away your master *from being your leader?*" Christ is the head of the church today as Elijah was the head or leader of the sons or disciples of the prophets in that day. But God wanted Elisha to direct his work as Ahaziah the King had died (II Kings 1:18). So what did He do?

He could not allow Elijah to be among the people with Elisha directing the work now. That would have been the same as disqualifying him! Since Elijah was not to die just yet, and since *God never takes an office from a man when that man has been performing his duty well*, the only thing God could do would have been to *remove Elijah* so that another would have to fulfill the office as prophet of the Eternal.

This God did do. When taken up, Elijah's mantle dropped from him and Elisha picked it up. See II Ki. 2:12-15.

And what did the "*mantle*" mean?

In Clark's Commentary we note that it was "*worn by prophets and priests as the simple insignia of their office.*" Vol. 2, page 484.

The purpose of God in removing Elijah was to replace him with another man who would carry on the work of Israel for another fifty years. This work had to start under a new king for Ahaziah had just died. And Elijah was already aging. So as not to disqualify Elijah in the sight of the people, God took him away from the sons of the prophets and the people, allowing the mantle which signified the office of Elijah to drop into the hands of Elisha. Thus God preserved the name and office of His prophet from the possible slurs of the king.

### How Taken Up?

Having crossed Jordan near Jericho, Elijah was taken up by a whirlwind in what appeared to be a chariot and horses of fire—signifying the very present power of God and angels in action. The violent motion of the wind pulled the mantle off the prophet as he was seen to ascend into the sky. You probably remember reading the promise of Elijah that Elisha would have a double portion of the Spirit of God if he would be allowed by God to see him taken up. All this meant that Elisha was to be the leader, the new head of the sons of the prophets, just as a double portion was the right of the first-born (II Ki. 2:9).

Having ascended into the air, Elijah was borne away out of the sight of the new leader—beyond the horizon. But—

### Where Did Elijah Go?

This has been the perplexing problem to so many!

He did not ascend to the throne of God. *Jesus said so!* He couldn't remain in the air forever.

And God did not say that Elijah was to die at that time. If he were, Elisha could have assumed his new office without the removal of Elijah, for we know that Elisha died *in office* after fulfilling his duty. (II Kings 13:14.)

The sons of the prophets who knew that their master was to be removed also that Elijah was *not to die then*. That is why they were fearful that the Spirit of God might have allowed him to drop "*upon some mountain, or into some valley* (II Kings 2:16)." Elisha knew that God would preserve Elijah from falling, but at their insistence he permitted men to go in search for him—to no avail.

Elijah was gone!

And where to? Certainly the whirlwind used by God could not take him beyond the earth's atmosphere. Neither does the Bible account leave Elijah in the air!

### The Answer Unfolds

Let us skip over a few years and see what further events the Scripture records. The son of Ahab, king of Israel, Jehoram, or Joram as he is variously called, began to reign about 899 B.C. This was the year of the removal of Elijah (II Kings 1:18 and 3:1). During this king's reign Elisha was the recognized prophet of God (II Kings 3:11). In the fifth year of Joram king of Israel, the son of the king of Judah began to reign along with his father in Judah (II Kings 8:16). His name also was Jehoram. The first he did to establish his kingdom rule was to put his relatives to the sword lest they should claim the throne from him (II Chronicles 21:4). After that, he followed the ways of the nations about him and did evil in God's sight. Then Edomites bolted his rule.

*About ten years* had now expired *since Elijah was taken* from the people. But what do you think was about to happen?

### A Letter Comes from Elijah!

Yes, after this wicked rule by the Jewish king, *God chose Elijah to write a letter* and have it sent to the king!

The contents of the letter are found in II Chronicles 21:12-15. In part it read: "Because thou *has not walked* in the ways of . . . thy father . . . but *hast walked* in the way of the kings of Israel . . . and also *hast slain* thy brethren of thy father's house, which were better than thyself . . . *thou shalt have great sickness by disease.*"

From the wording of the letter, Elijah wrote it *after* these events had occurred, for he speaks of *them as past events*, and of the disease as *future*.

And this was *about ten years after Elijah had been taken* to another location by the whirlwind.

That God should have used him to convey the message is very reasonable,

for he was the prophet of God in the days of the present king's father—and the son was not going in the ways of his obedient parent Jehosaphat.

These events recorded in Scripture prove that God allowed Elijah the prophet to live about ten more years on earth after his removal as head of the prophets. The Scripture implies that almost no one knew where he was during this time. To be living these years, God must have placed him again upon the earth where few if any others knew of his presence, or at least they did not reveal it. Elijah was still a human being the same as always, but removed from his own people.

The letter he had others deliver was known to be his—implying that he was considered to be alive some place. Just how much longer he lived, the Bible does not mention. But in that *it is appointed unto all men once to die*—with the exception of Christians alive at Jesus' return—Elijah *must have died* somewhat later. See Hebrews 9:27. The prophet, *being mortal flesh* as we are, could not have lived much beyond his seventy years.

To suppose that God gave him the power of an endless life of nearly three thousand years already *is to read into the Bible what is not there!* He was mortal, subject to death, and after being lifted into the atmospheric heavens, spent the remaining years of his separate life at some other location on the earth, living as every human being, before he naturally died.

### Elijah on the Mount

The only remaining texts that puzzle people are those relative to the appearance of Moses and Elijah on the Mount of Transfiguration with Jesus. The record of the event is found in Matthew 17:1-9; Mark 9:2-10; Luke 9:28-36. Leaving the mountain, Jesus told his disciples: "*Tell the vision to no man* (Mat. 17:9)."

*A vision is not a reality* but a picture *in the mind* put there supernaturally, in this case, by God. Moses died, and was buried (Deut. 34:5-6). Both he and Elijah were still dead in their graves, but *in vision* both they and Jesus were seen in the glory of the resurrection—an event to which Moses and Elijah have not yet attained, (Heb. 11:39). *The vision* was granted the disciples after Jesus had spoken of the glory of immortality in the coming kingdom.

After all these Scriptures have been studied, what is the conclusion? That Elijah is dead in the dust of the earth awaiting the resurrection of the just. Elijah, some years after being removed in the whirlwind, went to the grave, but will rise again to live forevermore.



—Wide World Photo

This is a view of the 35-story MOSCOW UNIVERSITY SKYSCRAPER—one of a group of recently built structures built on Lenin Hills on the outskirts of Moscow to house scientific and engineering studies.

## RUSSIA'S SUPER-SECRET WEAPON

(Continued from page 4)

Probably the alleged library research was humbug, as any Communist would know that such a statement would never appear in the exported works of a high Soviet official. At any rate the *News'* chief editorial writer put the *Worker* neatly in its place by suggesting that if the quotation was missing it no doubt had been removed by "the Ministry of Truth" as in George Orwell's *Nineteen Eighty-four*. The significance of the outburst in the Communist press however is that the Communists are desperately anxious to discredit any intelligence that has leaked out of their revolutionary command center.

Kornfeder had a short private inter-

view with Stalin backstage at the Bolshoi Theater during a ballet. Standing in a little buffet, from which the bartender was dismissed before the conversation began, they talked through an interpreter for a half-hour over black caviar, smorgasbord and vodka. Stalin asked questions about a factional fight in the American Communist party. The impressive thing about the episode is the interest displayed by Stalin in a foreign student and in the politics of the American party.

During his two-month summer vacations Kornfeder traveled in south Russia and the Caucasus with several other students. On one of these trips, while in the

Kuban, the students were startled when the local party secretary was killed by a sniper. A few weeks later at Kislovodsk, in a primitive region of the Caucasus, they were awakened in the night by gunfire. In the morning it developed that the resident G.P.U. chief and his No. 2 man had been lured into a mountain ambush and shot. In Moscow Kornfeder reported on his trip to S. Losovsky, a high Comintern official, and described these incidents with some puzzlement. Losovsky at once became very impatient and superior. "You Americans are children in these matters," he snapped. "There is not a single day that from three to twelve Soviet officials are not assassinated. *The class war is going on all the time.*"

The experiences of John Hladun and William Odell Nowell at Lenin University were roughly parallel to Kornfeder's though they attended several years later.

Hladun, a Canadian of Ukrainian extraction, was drawn into the party

through a Greek church social club that Canadian Communists had penetrated. An interesting facet of his story is that when he sailed for Europe on the way to Moscow he was instructed to talk to fellow passengers in the most reactionary language he could devise.

Another part of his story that also illustrates the precautions taken to keep the Lenin school secret was the handling of his passport. It was taken up by a "special section" of the Comintern upon his arrival, and he was assigned the cover name of John Logan to use while in Moscow. The point was that no student was supposed to know the true names of his classmates. Hladun says that there were 6,000 foreign students being trained when he was in Moscow in 1931.

Nowell is one of the Lenin University Negroes who has long since become an anti-Communist. Others are Leonard Patterson and Manning Johnson, both of whom have testified before congressional committees. Another, Claude Lightfoot, is still a Communist and was recently a defendant in a Smith Act trial, and the object of oceans of crocodile tears in the Communist press.

#### Plot to DIVIDE America!

While at the school, Nowell had the extraordinary gall to buck a pet idea of Comrade Stalin's. This supposedly all-knowing "leader and teacher of the working class" had delivered himself of the brilliant theory that American Negroes must be encouraged toward "nationalism." This meant that, come the revolution in America, there would be established a "black belt" republic comprising all the southeastern states from South Carolina through Texas, the white population to be exterminated or transported to slave labor camps elsewhere. The Negroes in the northern states were to be collected into enclaves apart from the whites so that they could dictate their own affairs.

Nowell, as spokesman for most of the American Negroes then in Moscow, argued that American Negroes were trying to get away from segregation, not exaggerate it, and that therefore this was a poor way to attract them to communism. Needless to say, "the great I Am," Stalin, rejected this heresy. Nowell was lucky to get home alive, and there is evidence that the "black belt" theory is still Kremlin policy. It is also thought that a certain prominent Communist Negro singer has been promised the Commissarship of such a "Soviet Socialist Republic" (with the West Indies thrown in as a sweetener).

#### How Communists Treated Negroes

Another cheering revolt by Negro Americans against Soviet dogma happened somewhat earlier. On the assump-

tion that American Negroes were an exploited Colonial class, they were assigned not to Lenin University, but to the Institute for the Toilers of the Orient. The living conditions among the Orientals, the skimpy food, the bug-ridden barracks, were so far below the standard of the American Negroes, that they staged a strike, perhaps the only successful one in Soviet history, and were reassigned to the Lenin University.

Some of the students who were sent to Lenin University for the short course after 1930 had only nominal experience in the Communist party. This relaxation of entrance requirements, it is assumed, was due to the coming of the depression and a Soviet belief that the time for revolution was near. It was largely these short term, depression-motivated Communists who later broke away and told the story of their revolutionary schooling.

The writer interviewed one such former student, a man of Slavic origin who now is a successful small businessman in Pittsburgh, and whose name is omitted for that reason. When sent to Moscow, he was 20 years old and had only a little secondary education. When interviewed he gave the impression of being not very interested in politics. Probably the party considered him worth the trip to Moscow because he belonged to a minority group and because he was a steelworker and thus inside a key industry.

#### Revolutionary Schools Go UNDERGROUND

At any rate the period of quick and comparatively nonselective training at Lenin University seems to have ended in 1933 when this country recognized the Soviet Union. Part of that deal was that Russia would cease trying to subvert our government. Of course the Soviets had not the slightest notion of keeping the agreement, but the occasion did cause them to tighten security, at least where American students were concerned, and the school was moved out of Moscow so that foreigners in the capital could no longer see it. The new site, housing the entire Comintern, was some 20 miles southeast of Moscow deep in the forest on a side road off a main highway. Igor Bogolepov, a former Soviet Foreign Office counsellor who escaped to the West, visited the place in early 1940. He described it as surrounded by a high wooden fence enclosing an area of at least a square mile. The single gate was flanked by guard towers, and the security check upon entering unusually strict. At the rear of the compound were two large one-story buildings housing Comintern offices and classrooms. The remainder of the area was taken up with a central parade ground, surrounded by two-story barracks in diagonally slanted

rows. Eudocio Ravines, a Peruvian ex-Communist, also described a visit to this Comintern center in 1938 in his book *The Yenan Way*.

Incidentally, Ravines was the recipient in 1934 of the type of special revolutionary training given to foreign Communist leaders considered too important and busy to go through one of the colleges. His teachers were Mao Tse-tung, Chu Teh and Li Li-san, top Chinese Communists, who were quartered in a dacha several miles outside Moscow where their presence could not be detected by Western diplomats or newsmen. The latter precaution was of the greatest assistance to Left Wingers in the United States and elsewhere who were still claiming as late as 1949 that the Chinese Communists had no connection whatever with the Soviet Union. These Chinese worthies coached Ravines for two weeks on how to set up a "popular front" movement, which he later succeeded in doing in Chile.

Since the war the secrecy cloaking these schools has been very dense. We know that Americans are being sent for short term training to Prague, Czechoslovakia. Matt Cvetec, former F.B.I. counterspy in the Pittsburgh area, described to the writer the "holier-than-thou" air about the returning students. Whether this sort of decentralization has diminished the importance of the Moscow-situated schools we do not know. We do know that the Soviets officially "abolished" the Comintern in 1943 as a gesture in return for American war materials. This was *strictly* a gesture however, and the functions of the once semi-autonomous Comintern were merely attached to the Kremlin apparatus.

#### America Without Defense

The only logical conclusion that can be drawn from the entire picture is that such a successful operation must be continuing. To date our reaction to the Kremlin's political warfare offensive, staffed by these Moscow-trained shock troops, has been about as effective as spears against tanks, or bows and arrows against airplanes.

Let us hope devoutly that the recently proposed three - billion - dollar - a - year "Sarnoff Plan," which includes an American political warfare training program for a cold war counterattack against communism, will be adopted by President Eisenhower, and that it will reverse the tide that so long has run against the cause of freedom.

Editor's Note: The author of this article recently appeared as Mr. Armstrong's guest on "The WORLD TOMORROW," TV, coast-to-coast. This article appeared originally in "FACTS FORUM NEWS," and is reprinted by the permission of the author.



# Why Aren't Your Children More Healthy?

**Hundreds of you have been puzzled about how to feed your children properly. Here is the answer from a physician who sees these problems in their true light.**

**by Ralph E. Merrill, M.D.**

**H**AVE you ever stopped to think that in America today the majority of our mothers are unable to nurse their babies more than a few weeks?

Most of our children are anemic, have frequent colds, tonsillitis, ear infections, stomach upsets, and many have deformed bones and tooth decay with faulty alignment. It is also a sobering fact that congenital deformities and weaknesses are increasing and malignant diseases in the very young are much more common than formerly.

The question is, "Why"?

## Children Can Be Healthy

In the first place, let us remember the well recognized fact that in many out-of-the-way places where people have lived for hundreds of generations under primitive conditions the mothers nurse their babies for over a year and the native children are very healthy, with practically no illnesses, deformities or tooth troubles—provided that they live on their native foods (part of which is usually sea-foods of different kinds), and do not have access to our modern refined foods. In some of these more healthy tribes it is their custom for the prospective young father and mother to live for some time on special sea foods which we now know to have high vitamin E content, as well as many of the other vitamins.

Reasoning from the custom of these natives, from the experiences of our veterinarians in producing healthy animals, and from the observations and records of many physicians and dentists it is now very clear that the health of our children is being seriously undermined by the poor nutrition of our fathers and mothers, and especially of the mothers during their pregnancies, as well as the badly deficient diet of the infant during the first few years of his life.

It is estimated by reliable authorities that fully 80% of the food consumed by the average American has had removed from it practically all the *natural* vitamins, enzymes, and minerals that nature

put there. When these essential life-giving factors are not present in most of our food, is it any wonder that sicknesses and degenerative discases of all kinds are steadily increasing!

## TRUTH About "Enriched" Foods

Right here let us stop and realize that vitamins and enzymes are organic *living* substances which can NOT be made synthetically. It is a misleading statement of the facts to call any food "enriched" just because it contains a few synthetic vitamins. On the contrary such "enriched" food should be called "adulterated" food. In Canada it is against the law to "enrich" bread. At any rate, any food that is so poor in the nutritional elements that it has to be enriched is not worth buying. We are only deluding ourselves if we try to supplement our deficient foods with highly potent synthetic vitamins in any form, whether in "shots," pills, capsules or liquid tonics.

It has been definitely proved that some of the synthetic vitamins, notably A and D, are often distinctly harmful when given in large quantities over a period of time. At best, synthetic vitamins, which are practically the only kind sold and used today, act like stimulating drugs by producing in some individuals a *temporary* general "pick-up" feeling like a "shot in the arm." But they do not furnish the natural life-giving factors needed in the body's reparative and building processes.

## The Infant's Diet

In this article we are chiefly concerned about the diet for the infant, which, to be healthy, must have a good inheritance. If the parents' and especially the mother's diet has been adequate the new baby will probably be very healthy and happy on breast feedings for at least six months. During these first few months the baby may be given fresh orange juice, diluted with equal parts of boiled water, beginning with a teaspoonful and gradually increasing the amount to two or three ounces of the diluted juice. At the same time the

baby should be given a good brand of standard cod liver oil, beginning with a half teaspoonful and gradually increasing to two teaspoonfuls daily. Incidentally the babies usually learn to like cod liver oil much better than the orange juice.

When the baby demands more milk than the mother can supply the best substitute is Grade A raw cow's milk, certified if obtainable, diluted at first with one part boiled water and two parts milk. The boiled water is gradually eliminated until the age of about six months when the baby should be able to take whole milk. No sugar of any kind is added to the formula or to any of his other foods. (If a sugar must be used, the best one is milk sugar or lactose.) Unless one is sure of the cleanliness of the milk and the milk handlers it is probably safer to let the diluted raw milk simmer just under the boiling point for three minutes in an open sauce pan. But heating certainly does destroy much of the vitamin and enzyme content of the milk.

When the baby demands more food, as he will by the age of 3 months if he is healthy, then he may be given (a teaspoonful or two to start with) one of the vegetables, preferably cooked and pureed in the mother's own kitchen, using only fresh or frozen vegetables. However, because the vegetables supply mainly the needed minerals which are not destroyed by heat, and because the quantity used is small, it is sometimes justifiable to use a good brand of canned baby-food vegetables such as the "Beech-Nut" brand which comes in small glass jars and are produced under the best conditions from organically grown vegetables without the use of poisonous insecticides. (We have no financial interest in the "Beech-Nut" Co., but it seems that they have spent their surplus in improving their products rather than in advertising their name as some companies do.) Packaged cereals and canned milks are deficient foods and are poor substitutes for really good foods. If the baby is not getting sufficient calories from the milk, the cod liver oil, the

orange juice, the pureed vegetables, the fruits and the yolk of egg, which may be given cooked or uncooked at about three months, then some whole grain cereal finely and freshly ground may be given with milk but without the addition of sugar. If this type of cereal is not available then one is forced to resort to the sweetened, prepared cereals like "Pablum" to which may be added a little brewers' yeast or wheat germ.

#### Foods to Be Avoided

As to the deficiencies of liquid canned milks it now has been definitely proved that the high temperature required to sterilize the liquid milk causes not only a loss of the C vitamin but also a serious loss of the B-6 vitamin (pyridoxine) the lack of which has produced convulsive seizures in some infants. Also some of the canned milk producers are removing the natural butter fat and substituting the notoriously bad oleo-margarine, which is devoid of all natural vitamins and nutritional mineral factors. "Oleo" is like all the synthetic fats made from cheap vegetable oil like cottonseed or coconut by the process of hydrogenation. This means the cooking at high temperature and high pressure of the oil in the presence of a catalyst and elemental hydrogen so that the original oil is destroyed and a new compound takes its place. The resulting dark and smelly grease is then bleached and deodorized to a pure white colorless and tasteless synthetic fat that can be then processed to imitate butter, lard, and other shortening or frying fat. The physical properties of the new product are quite desirable, but the nutritional value is practically nil except for the unnecessary calories they supply. Nutritionally these synthetic fats are in the same category as white sugar and alco-

hol. Adulterating the canned milks with "oleo" is just one more step in the degeneration of our food.

#### Facts to Bear in Mind

It is very necessary that the baby be given some food that has the complete B-complex vitamin. Outside of mother's breast milk the only practical sources of this complete B-complex are brewers' yeast, wheat germ, raw liver extract and rice bran. The orange juice supplies the vitamin C, and the cod liver oil furnishes the Vitamins A, D, E, and F. And, what is most important, these sources also supply all the unknown vitamins which may be just as essential as those already isolated.

When the infant is over six months old he may be given, gradually over a period of several months, pureed liver and other meats and fish, cottage cheese, soft cooked eggs, baked potato and whole grain bread toasted crisply. But the less white flour foods and white sugar that is used the better. This means no jams, no jellies, no jello, no candy, no cake, no ice cream and no soft drinks. We must learn to look upon these sweetened foods and drinks as slow poisons and calcium robbers gradually undermining the health and bone structure of the body.

In 1941, Dr. Thomas Parran, who was then the Surgeon General of the U.S. Public Health Service, made the following significant statements. "We have learned of the virtues of milk and of green vegetables; of the fish liver oils, so rich in vitamins A and D; of the vitamin C in citrus fruits. In spite of this, every survey, by whatever method and wherever conducted, shows that malnutrition of many types is widespread and serious among the American people. We eat over-refined foods with

most of the natural values processed out of them. Because of this, many well-to-do Americans who can eat what they like are so badly fed as to be physically inferior and mentally dull. The nutrition of the very poor is appalling. By their lack of morale you shall know them."

So said the head of the U.S. Public Health Service twelve years ago. Since then each year has seen the soil of our farms more and more depleted by crop mining, by erosion, by the use of strong chemical fertilizers, and by the use of increasingly more deadly insect poisons. By these and other means much of our once fertile land is gradually but steadily becoming like most of our present day refined foods—*dead and without life.*

From the foregoing glimpses of the state of our national nutrition, it must be clear that at least a great part of the answer to the question posed in the first paragraph of this article lies in the poor character of the food on which our American children are trying to exist.

### WHY THE PLAIN TRUTH HAS NO SUBSCRIPTION PRICE

So many ask: "How can you publish a magazine, without subscription price, and without advertising?"

The answer is simple. The GOSPEL must go to the whole world, and it must go FREE. It must not be sold like merchandise. "Freely ye have received," Jesus said to His disciples whom He was sending to proclaim the Gospel, "Freely GIVE." Without money and without price, is God's way. We proclaim a FREE salvation. Therefore, we cannot put a PRICE upon the PLAIN TRUTH.

We have been called of God to conduct this work. It is not our work, but God's. We have set out to conduct God's work God's way. We rely, in FAITH, upon God's promises to supply every need.

God's way is the way of LOVE—and that is the way of giving, not getting. God expects every true child of His to GIVE of tithes and offerings that His work may go FREE—that His true ministers may GIVE the precious Gospel to others. We simply TRUST GOD to lay it on the minds and hearts of His people to give of their tithes and offerings that we may be enabled to GIVE the good things of God's Word to the hundreds of thousands who hear the Message over the air, and the scores of thousands who read The PLAIN TRUTH.

Many times our faith has been severely tried, but God has never failed us. We must not fail HIM!

The PLAIN TRUTH

Printed in the U.S.A.

Box 111—Pasadena, California

RETURN POSTAGE GUARANTEED

Nonprofit Organization

U. S. POSTAGE

PAID

Permit No. 703

Pasadena, California